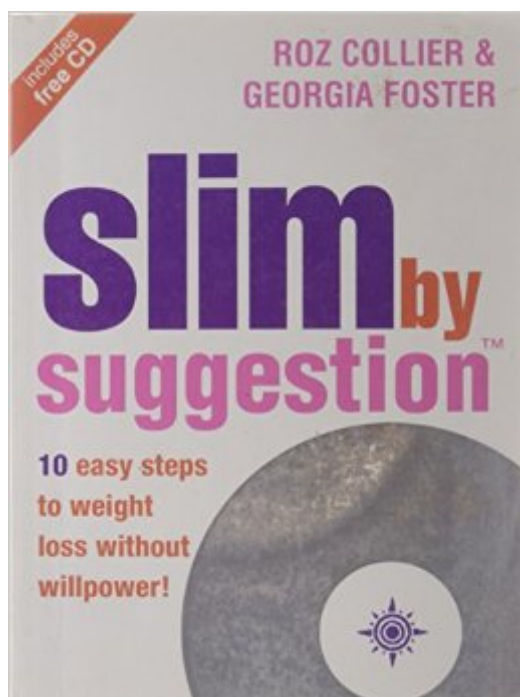


The book was found

Slim By Suggestion: 10 Easy Steps To Weight Loss Without Willpower!



Synopsis

With this book and 74-minute CD, you will discover why all the other diets you have tried--using willpower alone--have failed.

Book Information

Paperback: 208 pages

Publisher: Thorsons (April 25, 2002)

Language: English

ISBN-10: 0007126662

ISBN-13: 978-0007126668

Product Dimensions: 6.4 x 0.6 x 8.4 inches

Shipping Weight: 14.1 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #7,528,457 in Books (See Top 100 in Books) #82 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #2893 inÂ Books > Self-Help > Hypnosis #20720 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss

Customer Reviews

I found this book and the accompanying cd very helpful in my weight loss efforts. It works. The book promises "10 easy steps to weight loss without willpower." For me, that promise was kept.

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